



**Vue postéro externe**

ménisque  
externe

This diagram illustrates the internal structure of a human knee joint. The femur (thigh bone) is at the top, and the tibia (shin bone) is at the bottom. Two wedge-shaped menisci, colored light blue, are positioned between the bones. The anterior cruciate ligament (LCP) is shown as a light blue band crossing the joint. Labels with leader lines identify the 'ménisque externe' (outer meniscus), 'ménisque interne' (inner meniscus), and 'LCP'.

ménisque  
interne

LCP

fascia  
lata

tendon du  
poplité

